

**Psychological Health Sub-Group
1000 – 1200 on Thursday 21 April 2016
at Evolve Business Centre, Houghton-le-Spring**

MINUTES

Present:	Jackie Bailey, Northumbria Healthcare NHS FT Peter Blackburn, Consultant Clinical Psychologist, Gateshead Health NHS FT Pam Boullin, Newcastle Hospitals NHS FT Nick Hartley, Clinical Psychologist, Newcastle upon Tyne Hospitals NHS FT Kate Kendell, Cancer Network Psychology Lead (Chair) Hannah Wade, North Tees & Hartlepool NHS FT Sonia Wilson, City Hospitals Sunderland NHS FT Michelle Wren, NESCN	JB PB PBu NH KK HW SW MW
In Attendance	Naomi Tinnion, Network Administration and Support Officer, NHS England	NT
Apologies:	Helen Aylott, Newcastle Hospitals NHS FT Hilary Cave, Cumbria Partnership NHS FT Anna Chaddock, Newcastle Hospitals NHS FT Rebecca Clark-Dowd, Clinical Psychologist, Northumbria Healthcare Catherine Cooper, Cumbria Partnership NHS FT Clare Davies, Consultant Clinical Psychologist, South Tees Elsbeth Desert, North Cumbria University Hospitals NHS Trust Sian Dogan, Northumbria Healthcare NHS FT Mary Douthwaite, South Tyneside Karen Ellis, Northumbria Healthcare NHS FT Kate Farnell, Butterfly North East Alison Featherstone, Network Manager, Northern England SCN Geoff Gulston, Patient Representative, Cumbria Sarah Howard, Cumbria Partnership NHS FT Kirsty Kennedy, South Tees NHS FT Rachel Morse, Newcastle Hospitals NHS FT Veronica Oliver-Jenkins, Newcastle Hospitals NHS FT Anne Pelham, Newcastle Hospitals NHS FT Kate Reilly, Clinical Psychologist, Newcastle Hospitals Nancy Vanderpuye, North Tees & Hartlepool NHS FT Lyndall Wallace, County Durham and Darlington NHS FT Alison Woods, South Tees NHS FT	HA HC AC RCD CC CD ED SD KE KF AF GG SH KK VOJ AP KR NV LW AW

1. WELCOME AND INTRODUCTIONS

1.1 Welcome and Apologies

KK welcomed everyone to the meeting and introductions were made around the table. The above apologies were noted.

1.2 Declarations of interest

There were none.

1.3 Minutes of the previous meeting (27 January 2016)

These were agreed to be an accurate reflection of the meeting.

1.4 Matters Arising / Action from previous minutes

Level 2 Psychological Supervision: NT agreed to check that PBs letter had been circulated around the Group.

NT

MacMillan National Scoping Project: KK confirmed that the information requested had been sent off to MacMillan and that she would circulate the updated version to the group.. She asked those around the table to keep her informed of any amendments so that this document can be kept up to date.

KK
ALL

Liaison Psychiatry funding: MW advised that funding is now in place for 2016/17 and that the Liaison Psychiatry leads appointed are currently working on various issues relating to acute care and patients. They are meeting with Network Clinical Leads to move their project forward. She agreed to give a progress update on their work at the next meeting.

MW

Patient representation: currently Kate Farnell and Geoff Gulston are the patient representatives on the Group. The Group agreed that they should both remain members of the Group. The Network would be happy for other suitable representatives to be approached to join these meetings - KK reminded Group that they would need to be service users of both psychological support services as well as cancer/specialist palliative care services.

Level 2 training slides: KK confirmed that these will be shared with the HIV Network, through Kate Reilly and the work of the Group will be acknowledged by them in anything they use for their group's teaching..

NICE (2004) scoping document for update: KK confirmed that comments on behalf of the Group had been submitted by the required deadline.

2. AGENDA ITEMS

2.1 Circulation List (Standing item)

The Group discussed the current circulation list and agreed the following changes:

Helen Aylott to be added to the list
Rebecca Clark-Dowd to be removed
Kate Farnell – to be classed as “information only”
Hannah Wade’s job title to be amended to read Clinical Psychologist
Penny Wilmot to be removed

NT

2.2 Northern England Strategic Clinical Networks update

MW advised that the review of the Networks was now complete. The budget had been cut by 35% resulting in a reduction in staff. The Networks will now be aligned to the five national priorities – Cancer, Maternity, Mental Health and Dementia, Emergency and Urgent Care (including CVD) and Diabetes. This has resulted in some groups being closed down and work plans being stopped. MW agreed to circulate information on the national priorities around the Group.

MW

Network Managers have been discussing the situation with Clinical Leads although they are keen to keep engagement where possible. Alison Featherstone had circulated a document about the future of the Cancer Network and support for meetings. Each Group will now only hold two meetings per year, one of which will be an audit event. As some of the Group had not seen Alison’s report it was agreed that a copy would be circulated.

NT

It is hoped that the new Network team structure and work plans will be in place by the end of June.

2.3 Cancer Network Psychology Lead Update

KK advised that the Network had written to Clinical Leads in February informing them of the review and that she had since met with Alison Featherstone (AF) to discuss her role and that of the Group. KK confirmed that AF had found funding for KK and the Group to continue for this financial year. The planned meetings in July and October will therefore still go ahead and a final meeting will be arranged in early 2017 before the funding finishes in March..

KK advised that unfortunately there is very little in the national priorities that specifically refer to psychological care although there are some areas including long term conditions, supported self-management and shared decision making where the Group may appropriately be involved.

2.4 Future of Psychological Support Group

KK asked those around the table how the remaining meetings could most usefully be used. The Group suggested that it would be good to hold a learning/audit event at which PB could talk to the Group about resilience. The Group discussed options and agreed that:

- NT would look at the cost of holding a whole day event in October at an appropriate venue. Suggestions included Durham Business Services in Belmont or St Benedicts Hospice;
- PB agreed to speak with MD about the timing of the event to decide whether it should be 9-5 or 10-4;
- It was agreed that attendance would be restricted to members of this Group;
- NT to send out a hold the date for the October meeting.

It was agreed that at the July meeting the Group would look at the future of the Group after March 2017 and whether it could continue without Network support.

The Group also agreed that the July meeting would be used to explore the cost effectiveness of psychological services in cancer care. Everyone to bring relevant material to share.

ALL

2.5 Commissioning guidance project update

The Group had already agreed that KK and ED would carry out a scoping of IAPT resources to provide psychological support to people with cancer, across our network and South Cumbria, based on the London Commissioning Document. Angela Kennedy has suggested that this be widened to include long term conditions, and this has been agreed.

2.6 NICE 2004 four level model mapped to NICE 90/91 tiered model

KK advised that the recent work done by MW and Angela Kennedy had used the NICE 90/91 tiered model which focuses on depression. However the NICE 2004 stepped model covers a broader range of conditions and treatments. The Group discussed the differences in the two models and agreed that there is a need to understand both models.

2.7 Remaining meetings 2016/17

It was agreed that the July meeting should move from the 18th to the 4th to avoid a clash with the school holidays. It was also agreed that the meeting on 18 October should be expanded to enable it to become a training/audit event. The final meeting in early 2017 should focus on the legacy of the Group and how to keep its organisational memory. It was agreed to invite along those who have been involved in the work of the group in the past in order to help celebrate the work of the Group.

2.8 Any Other Business

JB advised that their one hour service is currently part of a block contract with CCGs who are reviewing the service. She asked those around the table if they could let her know outside of the meeting of any experience they had of such reviews to help prepare for a possible negative response and appealing against decisions.

ALL

3. MEETING CLOSE