

Deciding Right

Case study Joe

Joe's case study

Joe is a 60 year old man. He has been married to Carol for 35 years. Joe was diagnosed with non small cell lung (T4 N2 M1a) cancer in 10 months ago; initially treat with chemo and radiotherapy. He was told 2 months ago that his cancer had progressed. He has had his first cycle of second line chemo. He has COPD which was diagnosed 7 years ago. He has 2 adult children.

Joe's physical health has been deteriorating and he is requiring more support from his wife and family to manage his ADL's.

He has had recent admission to hospital following a fall and was diagnosed with a PE.

You have know his for several months and you visit after he has been discharged from hospital. His recovery has been unremarkable and has commenced enoxaparin. His mood is very low. He tells you he does not want to go to hospital in the future.

As a group attempt to complete any Deciding Right outcomes you feel could be helpful and appropriate to support Joe to express his wishes in relation to her care and future plans.

Everyone has a responsibility to share the work and to practice writing Deciding Right outcomes.

Also consider:

- **Who would / may need to be included in the discussions**
- **Who would need to have access to this information**
- **How would you ensure this information is shared with those individuals**

Joe's case study, part 2

2 months later

Joe becomes more breathless than usual. His daughter is frightened and calls 999 the paramedics arrived who are concerned about further PE, infection or exacerbation of his COPD, they take him to hospital for assessment.

Joe is assessed, CT scan shows extension of his known thrombus. He is treated symptomatically in A and E before being discharged home at his request. At his next review with you he 'begs' that this doesn't happen again. He needs a plan to support him and his family to make the right decisions

Complete Deciding Right outcomes as if you were supporting Joe and Carol within your current role.

As a group attempt to complete and Deciding Right outcomes you feel could be useful and appropriate to support Joe to express his wishes in relation to his care and future plans

Also consider:

- **Who would / may need to be included in the discussions**
- **Who would need to have access to this information**
- **How would you ensure this information is shared with those individuals**