# Lesson Plan: Deciding Right 1 hour Awareness Session

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| Study day  | Venue | Date | Time of session |
| Deciding Right Awareness Session  |  |  |  |
| Facilitator(s) | Group  | Health & Safety (points to consider) |
|  |   | Toilet FacilitiesFire Alarms and ExitsSmoking policy Any room management issues – trip / slip Refreshments |
| Session aim (My aim is to …..) | Session outcomes – by the end of the session you will.…. |
| Introduce and signpost you to Deciding Right documents and information  | To assess personal planningTo discuss the outcomes of Deciding Right To consider and discuss the principles of Advance care planning |
| Time | Content | Teaching Activity  | Student Activities | Resources | Notes |
| 5 mins | Welcome & introductions   | Introduce selfShare health and safety facts | Listen Brief Introductions if time allows | Check fire safety and any policy information about the building if necessary  | The relevance of Deciding Right to the particular group of learners is key and should be addressed early in the session.  |
| 5 mins  | Aim of session and outcomes  | Share information  | Listen  |  |
| 10 mins  | Deciding Right Background and what is it? | Share information about the End of life strategy and Ambitions.Background to Deciding Right and its purpose  | Listen  |  |  |
| 5 mins  | Dying matters and planning Dying matters questionnaire | Present information.Explain that you don’t have to be ill or dying to make plans for your future. Ask questions and ask for show of hands under the scoring  | Listen Consider and respond to questions | Dying matters leaflet for information | Size of the group will dictate the time this exercise takes, therefore priority may need to be considered |
| 20 mins  | Outcomes of Deciding Right  | Add any examples from own practice if applicable or ask for examplesShare information  | Respond ListenAsk questions  | Hard copies of Deciding Right documents for learners to look at after the session  |  |
| 5 mins  | Principles of ACP from CLIP | Facilitate questioning  | Respond to questions  | Hard copies of CLIP worksheet  | If using hard copy photocopy pages 1&3 back to back and 2&4 back to back. Give our 1&3 for participants to work through prior to giving our answers.  |
| 5 mins  | Questions (if time) ThanksClose  |  |  |  |  |
| Timings are approximate as learners needs & questions can affect this. |