**EMERGENCY HEALTH CARE PLAN (EHCP)** v14



Copies of this document cannot be guaranteed to indicate current advice- the original document must be used

	Name of individual:		NHS no:		
	Address:		Date of birth:		
	Postcode:		Hospital no:		
	Next of kin 1:	Phone:	Relati	ionship:	
	Next of kin 2:	Phone:	Relati	ionship:	
	For children and young people, who has	s parental responsibility?			
	GP and practice details:				
	Lead nurse:	Place of work:		Tel:	
	Lead consultant:	Place of work:		Tel:	
	Emergency out of hours Person or service		Tel:		
	Other key professionals:				
		Place of work:		Tel:	
		Place of work:		Tel:	
		Place of work:		Tel:	
		Place of work:		Tel:	
Ur	nderlying diagnosis(es):	Fo	r children: v i	wt n kg	Date

Key treatments and concerns you need to know about in an emergency

(eg. main drugs, oxygen, ventilation, active medical issues)

Important information for healthcare professionals (if necessary use p3 for additional information)

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YES NO n/a Has there been a tear YES NO n/a Has the individual bee YES NO n/a Has the individual agr YES NO n/a Has this individual ma For children: YES NO n/a Have those with pare For those aged 18yrs and over YES NO n/a Has their Personal We	the capacity to make these care decisions?  cussion about treatment in this individual?  formed of the decision?  for the decision to be discussed with the parent, partner or relatives?  verbal or written advance statement?  responsibility been involved in the decision?  Lasting Power of Attorney, court appointee or IMCA been informed of this EHCP or Refuse Treatment been written by this individual?
Doctor or nurse (obligatory) Responsible senior clinician's signature:	Name: Date:

**Status:** 

NHS no:

What to do

**Anticipated** 

Name of individual:

emergency(ies)

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# EMERGENCY HEALTH CARE PLAN (EHCP) v12a

Page 3

## **Additional information**

If required, please use this page to write any additional information that will inform the clinical team

Name of individual: NHS no:

# GUIDANCE FOR PROFESSIONALS & INFORMATION FOR INDIVIDUALS AND THEIR FAMILIES ON THE PREPARATION AND COMPLETION OF AN EMERGENCY HEALTH

The priority at all times is to ensure that the individual has the best possible quality of life. Symptoms must **always** be addressed, taking the most expert advice that is possible. If you feel out of your depth in managing this situation or consider that the individual is suffering **in any way**, you **must** seek expert assistance – please use the contact information on page 1.

Once completed, pages 1 & 2 can be printed and signed by the responsible senior clinician. If preferred, this can be laminated back to back to ensure the plan remains readable as it follows the individual in all settings. Page 3 is an optional page if more information needs to be documented.

# IF THE FOLLOWING AIMS ARE NOT MET OR CAUSE CONCERN, PLEASE DISCUSS WITH THE PERSON WHO PREPARED THE PLAN, THE GP OR THE HOSPITAL SERVICE

### AN EHCP SHOULD

- Make communication easier in the event of a health care emergency.
- Be updated whenever the individual's condition changes significantly, but does NOT time expire and should be taken
  into account whenever it is presented in an emergency.
- Reflect the views of the individual, in so far as these can be ascertained, their family and the multidisciplinary team.
- Include any emergencies that are likely to occur, including the action to be taken by the lay person and the information needed by front line health workers in order to give the best care to the individual.
- Include what has been discussed and agreed with the individual wherever possible, their family and multidisciplinary team about what level of care is considered to be in the individual's best interests.
  - This may be a statement that confirms that the individual should be assessed and managed as per advanced life support guidelines. It may be nesessary to affirm this, where the individual appears ill or disabled but where front line health workers may inadvertently make false assumptions about the individual's quality of life because of their lack of knowledge about the individual's condition and quality of life when well. It is very important to have a plan to protect the equal right of individuals to full care wherever this is in their best interests.
  - o For those where there is uncertainty about the outcome of interventions at the time of an emergency, there should be a clear statement that basic life support should continue until the most senior clinician available at the time can assess the individual and if possible discuss with their next of kin as to the most appropriate care plan in the circumstances, that is in the individual's best interests.
  - For those individuals where, based on best available evidence, it is known that there are no medical or technical
    interventions that can make a significant positive difference to length of life, it should be clearly stated that at
    all times:
    - the individual should be afforded dignity, the best possible quality of life and to continue to be as actively involved in decision-making as is possible
    - all symptoms should be actively managed
    - health workers should seek the most expert advice available and know the clinical networks to use to seek the best advice 24/7 for symptom control
    - the individual should be allowed a natural death when their time comes
    - the wishes of the individual and their family about choices for end of life care should be ascertained in advance, recorded and respected

### **EHCP Review**

- The EHCP does not time expire, but the EHCP should be reviewed regularly as the individual's condition changes
- A new EHCP should be written if circumstances change and the previous EHCP should be crossed out and marked as 'invalid'

If there are any doubts about the content of the EHCP there should be a discussion between the individual (if they have capacity), parents/carers and the most appropriate senior available clinician at the time of the emergency to ensure that the EHCP still reflects the individual's best interests and current management plan.