



**Recognising Head and Neck
Cancer signs quickly saves lives.**

DON'T wait Act FAST

If you are experiencing any unusual mouth or neck symptoms that have lasted for 3 weeks or more don't delay in visiting your Doctor, Dentist or speak to your Pharmacist.

We know that seeking medical advice at this time might be scary but early treatment can make a huge difference. The medical teams in Hospitals and Doctors surgeries have dedicated teams who can see you in a safe environment.

Are you suffering from?

Non-healing mouth ulcers and/or red or white patches in the mouth, change in your tongue

Pain in the throat

Persistent hoarseness

Painful or difficulty swallowing

Lumps in the neck

These can be early warning signs of more serious mouth conditions, please don't ignore them but seek help as soon as possible, medical professionals are there for you.

www.northernhacc.org