

## **Emergency Health Care Plan (EHCP) Patient/Family/Carer Information Leaflet (April 2021)**

### **For the patient/ individual who the EHCP is written for:**

- An Emergency Health Care Plan (EHCP) is a summary of what has been discussed by you/your family and the multi-disciplinary team.
- It guides people looking after you on what to do in the event of a healthcare emergency.
- It lists **some** emergencies that may occur due to your medical condition and the action to be taken by people looking after you.
- The EHCP should be kept in a Yellow Envelope (provided) and you should take this envelope to any Health Care Appointments and share with the professionals who care for you.
- The priority always is to ensure that you have the best possible quality of life and are treated with dignity and respect with any symptoms that you may have being managed expertly.
- You will continue to be involved in all decisions about your care as much as possible and your next of kin and senior clinician may have to make decisions in your best interest.
- Although your plan does not expire, it is recommended that it is reviewed within twelve months.
- Should your condition change significantly, these changes should be taken into consideration and your Emergency Health Care Plan altered where required.
- **We hope you have found this information helpful. Please ask your Health Care Professional about anything you don't understand.**

**(April 2021)**

# Emergency Health Care Plan (EHCP) Patient/Family/Carer Information Leaflet (April 2021)

## For the family/carers:

This leaflet explains the purpose of the EHCP. You may have been involved in the making of an Emergency Health Care Plan (EHCP). Please insert the name along the dotted line below of the individual the EHCP is for. Throughout the information we will refer to the individual as your family member/friend

**Name:**.....

- The EHCP is written by a healthcare professional that is part of a multidisciplinary team who support your family member/friend.
- The EHCP guides people looking after your family member/friend on what to do in the event of a healthcare emergency.
- It lists **some** emergencies that may occur due to your family member/friend's medical condition and the action to be taken by people looking after them.
- The EHCP should be kept in a Yellow Envelope (provided) and should be taken to any health care appointments and shared with the professionals who are providing care.
- With your family member/friend's consent, please ensure you read and understand what needs to be done in the event of any of the medical emergencies highlighted in the plan.
- As family/carers you are part of the multi-disciplinary team and you play a significant role in the decisions that are made.
- Assist your family member/friend to follow the EHCP.
- If your family member/friend is transferred to another healthcare setting, please ensure they take their EHCP with them.
- Take note of the key contact details at the front of this EHCP as you may need to contact them in the event of an emergency, when you do contact a service, make sure you mention that you are following instructions from an EHCP.
- **We hope you have found this information helpful. Please ask your Health Care Professional about anything you don't understand.**