

- During the Covid-19 pandemic 50% fewer men have been to see their GP about suspected prostate cancer across the North East which is a shocking statistic.
- Most men with early prostate cancer don't have any symptoms, but some may experience: needing to pee more frequently, often during the night, needing to rush to the toilet, difficulty in starting to pee, feeling that your bladder has not emptied fully and occasionally seeing blood in your pee.
- These symptoms do not always mean you have prostate cancer. Many men's prostates get larger as they get older which can also cause symptoms, but we are urging these men who are at greater risk to contact their GP.
- Men over 50, particularly black men, and those with a family history of prostate cancer are more at risk. Being significantly overweight can also increase a man's future risk for Prostate cancer and for more aggressive prostate cancers.
- As most men don't have any symptoms until the disease has spread and become incurable, the NHS is urging men at increased risk of prostate cancer to contact their GP for further advice.
- GP practices are open and we are here to help you.
- Most GP surgeries now offer phone and video consultations, so you may not need to go in. Your GP may talk with you about the pros and cons for arranging a blood test or a urine test.