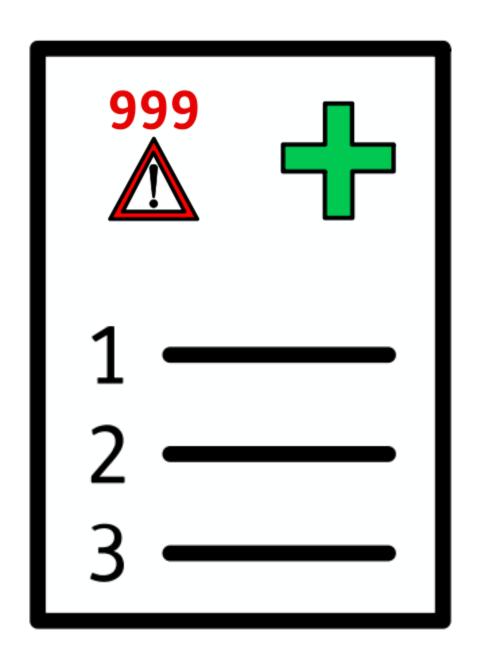


## Sarah's Emergency Health Care plan



Sarah is 40 years old and enjoys life in her small group home.



She loves rides out on the bus, fairground rides, listening to music and

watching movies.



Sarah is autistic.



She doesn't like hospitals as she finds them very distressing.



Sarah has been diagnosed with stomach cancer.



Sarah has worked with:



Her family.



Her learning disability team.



Her care team.



Her district nurses.



Her advocate.



To think about any emergencies she might have and how to manage them.

Sarah does not have capacity to make these decisions.



Following the Mental Capacity Act her team have made best interests decisions to support Sarah.



Her Emergency Health Care Plan (EHCP) has parts for each different person involved in her care to follow.



If Sarah is dying from stomach cancer then she should have her end of life care in her own home.



This Emergency Health Care Plan (EHCP) allows Sarah to go to hospital when she might need hospital care.



If Sarah is dying from stomach cancer she should be allowed to die at home.



Sarah's whole team agree this gives her the best options to get the best treatment depending on the situation.





Resource developed by: Speech and Language Therapy



Lyndsay Stephenson Specialist Nurse - Physical Health Stream



**LDCTT** 

Monkwearmouth Hospital Newcastle Road Sunderland Tyne and Wear SR5 1NB



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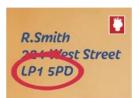


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